

Thursda	y, 25 July	
7.30 AM	Registration and	Exhibition Open
9.00 AM - 10.30 AM	Hall L	APNA: Chronic Disease Management Sara Drew
20.007	L1 - L2	APNA: Master the Art of Nurse Clinics Linda Govan
	Panorama 1	ASLM: Health Change Management Caroline Bills
	Panorama 2	ASLM: Shared Medical Appointments - Toolkits and Tips Tracey Johnson and Kim Poyner
	Panorama 3	APNA: PHN Forum - Unveiling the future: Harnessing innovation, data and AI for primary health care excellence Lauren Doddo
	City Rooms 1 - 2	APNA: Skin cancer management A/Prof Tony Dicker
	City Rooms 3 - 4	APNA: Peripheral Intravenous Cannulation Jessica McKirkle, Janine Tower and Terri Antonio
	Riverbank Rooms	Culinary Medicine Masterclass: Eat to Beat Heart Health Cobram Estate
10.30 AM	Morning Tea Net	working Break
11.00 AM - 12.30 PM	Hall L	APNA: Chronic Disease Management Sara Drew
	L1-L2	APNA: Master the Art of Nurse Clinics Linda Govan
	Panorama 1	ASLM: Assessing Metabolic Health Using Digital Technologies Tim Veron and Michelle Woolhouse
	Panorama 2	ASLM: The Mental Fitness Project Paul Taylor, HCANZA
	Panorama 3	APNA: PHN Forum - Unveiling the future: Harnessing innovation, data and AI for primary health care excellence Lauren Doddo
	City Rooms 1 - 2	APNA: Skin cancer management A/Prof Tony Dicker
	City Rooms 3 - 4	APNA: Peripheral Intravenous Cannulation Jessica McKirkle, Janine Tower and Terri Antonio
	Riverbank Rooms	Culinary Medicine Masterclass: Eat to Beat Heart Health Cobram Estate
12.30 PM	Lunch Networkin	g Break
1.30 PM - 3.00 PM	Hall L	APNA: Managing immunisation emergencies, including CPR Jessica McKirkle & Sara Drew
	L1 - L2	APNA: Clinical Placement Supervisors Workshop: a practical approach to supporting nursing students in PHC clinical placements Renee Flynn
	Panorama 1	ASLM: Masterclass
	Panorama 2	ASLM: Coaching for Health Professionals - presented by HCANZA Sharon Curtain & Shivaun Conn
	Panorama 3	APNA: PHN Forum - Unveiling the future: Harnessing innovation, data and AI for primary health care excellence Lauren Doddo
	City Rooms 1 - 2	APNA: Empower & Influence: Building Communication Mastery in Healthcare Zora Artis
	City Rooms 3 - 4	APNA Dementia matters: a practical approach to assessment and care for people living with dementia Caroline Gibson, Dementia Training Australia
3.00 PM	Afternoon Tea Ne	etworking Break
3.30 PM - 5.00 PM	Hall L	APNA: Managing immunisation emergencies, including CPR Jessica McKirkle & Sara Drew
	L1 - L2	APNA: Clinical Placement Supervisors Workshop: a practical approach to supporting nursing students in PHC clinical placements Renee Flynn
	Panorama 1	ASLM: Masterclass
	Panorama 2	ASLM: The Role of the Endocannabinoid System in Promoting Health Jim Connell
	Panorama 3	APNA: PHN Forum - Unveiling the future: Harnessing innovation, data and AI for primary health care excellence Lauren Doddo
	City Rooms 1 - 2	APNA: Empower & Influence: Building Communication Mastery in Healthcare Zora Artis
	City Rooms 3 - 4	Dementia matters: a practical approach to assessment and care for people living with dementia Caroline Gibson, Dementia Training Australia
5.30 PM	Welcome Networ	king Event Exhibition Hall (Hall M, N, O) - Adelaide Convention Centre



Friday,	26 July			
7.00 AM	Registration and I	Exhibition Open		
7.00 AM	Panorama Foyer	ASLM Wellness Activity		
7.30 AM -	Panorama 1	Abbot Breakfast		
8.30 AM	Panorama 2	Novartis Pharmaceuticals Australia Breakfast		
9.00 AM - 10.30 AM	Hall L	APNA and ASLM Joint Opening Plenary Gues	t Speaker: Professor Michael Kidd Australasian Society of Lifestyle Medicine	
10.30 AM	Morning Tea Netv	vorking Break		
11.00 AM - 12.00 PM	Hall L	Sepsis - preventable but misunderstood, impl Prof Bala Venkatesh, Fiona Gray and Dr Brett A	ications for primary health care A/Prof Naomi Hammond, Abbenbroek	
	L1	The importance of the first 2000 days of life a Kerry McBride	and how Primary Care Nurses can shape the future of health	
	L2	Non-Responders and inter-individual variatio	ns in Lifestyle Medicine Cameron McDonald	
	Panorama 1	Utilising the Power of Exercise Dr Wendy Sw	eet (pHD) and Lauren Whiting	
	Panorama 2	Workshop exploring utilisation of team-based care to support patient centred lifestyle changes Tim Perry		
	Panorama 3	Intensive Lifestyle Medicine in practice: case studies, tips and tricks Dr Michelle Reiss & Dr Clara Chu		
	City Room 1	Chronic Oedema in the Aged Care Community	/ - The Hidden Epidemic Maree O'Connor	
	City Rooms 2 - 3	Primary Health Care Congress		
	City Rooms 4	Actioning Health Behaviour Change using mir	ndfulness and values Jacinta Sherlock	
12.00 PM -	Speed Presentation	on		
1.00 PM	Ha	ıll L Nurse Led Models of Care	L2 Movement & Motion	
	1. Nurse-led Primary Health Care in Rural Australia: it's all about relationships Sue Randall 2. Holistic Approaches to Endometriosis and Pelvic Pain; a Nurse-led Model of Care Susan Wilford 3.Building Nurse Led Baby clinic in a GP clinic Kerry-Lee McBride 4.Shifting Paradigms, Practice Development and Change: Implementation of an Evolutionary, Nurse Led Model of Care in a Primary Health Setting Elisabeth Black		1.Spinal Health - a Lifestyle choice Mark Silvester	
	N 3.Building Nur 4.Shifting Paradigms,	Approaches to Endometriosis and Pelvic Pain; a urse-led Model of Care Susan Wilford se Led Baby clinic in a GP clinic Kerry-Lee McBride Practice Development and Change: Implementation of an	2. Mobility and Cognitive Impairment Lifestyle Medicine Engagement and Multiple Sclerosis Dr Andyta Nalaresi Hartono 3. Modifiable Lifestyle Behaviours - 5 year trajectory in Multiple Sclerosis Nupur Nag 4. Chronic Pain, Synesthesia and Music Michael King	
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Adelaide Convention Centre Current 16 April 2024

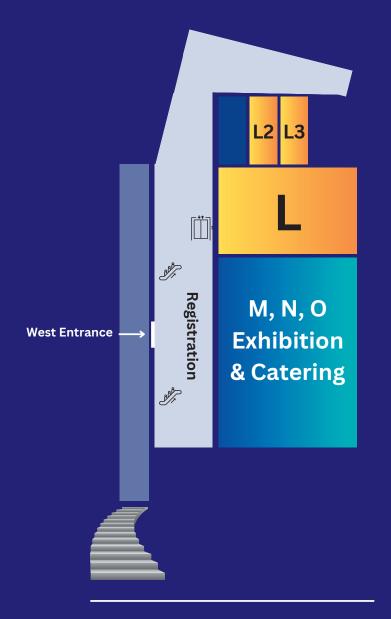


1.00 PM	Lunch Networking	g Break		
2.00 PM - 3.00 PM	Hall L	Asthma medications and device technique Debbie Rigby		
3.00 PW	L1	The Stress Reduction Tool At Your Fingertips - Tapping EFT' Tanja Blinkhorn and Jenny Malcolm		
	L2	Innovators and Entrepreneurs: Business Models in Lifestyle Medicine Part 1 Simon Ashley and Lena Attabo		
	Panorama 1	That Which Doesn't Kill You Makes You Stronger - The Role Of Hormetic Stressors in Health & Longevity Paul Taylor		
	Panorama 2	Continuous Glucose Monitoring in Clinical Practice Dr Michelle Woolhouse		
	Panorama 3	We need to examine the language of medicine Dr Helena Popovic		
	City Room 1	Assessing frailty in the 40-70 year age group- a challenge for all health professionals Chris Bollen & Jane Bollen		
	City Rooms 2 - 3	Primary Health Care Congress		
	City Room 4	Changing the Paradigm from Kidney Failure to Kidney Preservation: New Recommendations and Guidelines for Primary Care Practice Breonny Robson and Claire Sheeky		
3.00 PM	Afternoon Tea Ne	etworking Break		
3.30 PM - 4.30 PM	Hall L	Student Session Career Pathways Renee Flynn, Jane Hollier and Rebekah Cox		
	L1	Asthma in Pregnancy Toolkit Karen McLaughlin		
	L2	Pearls and Pitfalls: Candid conversation on Lifestyle Medicine implementation Dr Clara Chu, Dr Kelly Anne Garnier and Dr Lena Attebo		
	Panorama 1	Primary Care Sleep Health & Insomnia Skill Building Session Dr Nicholas Zwar and Alex Sweetman		
	Panorama 2	Person-Centred-Care: What does it really mean? Brianna Elise		
	Panorama 3	The Challenges and Opportunities for Early Career Medics Sonia Chaabane & Elise Ecker		
	City Room 1	Development of a digital social prescribing pathway - The Walk Well Together Pilot Pamela Scarborough and Lauren Thorn		
	City Rooms 2 - 3	Primary Health Care Congress		
	City Room 4	Immunisation Update		
5.00 PM	Exhibition Closes			
5.30 PM - 8.00 PM	ASLM Excellence A Playford Hotel	wards, Fellowship Ceremony and Networking Event APNA Festival of Nursing Party Immersive Light and Art, Light Square		
8.00 PM	Essential Health Su Immersive Light an	ummit After Party d Art, Light Square		



L3 Empowering Health Transformation in the Northern Territory Through Shared Medical Appointments John Stevens and Bob Morgan Panorama 1 - 3 Implementing The Maudsley Deprescribing Guidelines: Using Lifestyle Medicine to support patient transition to drug free Dr Mark Horowitz, Professor Katherine Wallis and Dr Sam Manger City Room 1 Understanding the Healthy Eating Landscape Stevie Wring and Cheryl Wilson City Room 4 The Role of Allied Health Professionals in the Care Journey Sally Mastwyk 11.00 AM Morning Tea Networking Break 11.30 AM - Hall L ASLM Lifestyle Medicine Plenary: Redefining Healthcare from Pills to Prowess Through Lifestlye Medicine Dr Mark Horowitz, Professor Nicholas Zwar & Dr Tetyana Rocks	Australasian Society of Lifestyle Medicine Australasian Society of Lifestyle Medicine Australasian Society of Lifestyle Medicine Australasian Society of Lifestyle Medicine					
Panorama Foyer ASLM Wellness Activity 8.00 AM Panorama 1 Sponsored Breakfast Panorama 2 Sponsored Breakfast 9.30 AM Panorama 2 Sponsored Breakfast 9.30 AM Panorama 2 Sponsored Breakfast 9.30 AM Panorama 2 Sponsored Breakfast L2 APNA Festival of Nursing Plenary L2 Technology and Healthcare Eddie Price, Matthew Vickers and Troy Flower L3 Empowering Health Transformation in the Northern Territory Through Shared Medical Appointments John Stevens and Bob Morgan Panorama 1-3 Implementing The Maudsley Deprescribing Guidelines: Using Lifestyle Medicine to support patient transition to drug free Dr Mark Horowitz, Professor Katherine Wallis and Dr Sam Manger City Room 1 Understanding the Healthy Eating Landscape Stevie Wring and Cheryl Wilson City Room 4 The Role of Allied Health Professionals in the Care Journey Sally Mastwyk 11.00 AM Morning Tea Networking Break 11.30 AM Hall L ASLM Lifestyle Medicine Plenary: Redefining Healthcare from Pills to Prowess Through Lifestyle Medicine Dr Mark Horowitz, Professor Nicholas Zwar & Dr Tetyana Rocks 11.30 AM Medicine Dr Mark Horowitz, Professor Nicholas Zwar & Dr Tetyana Rocks 11.30 AM Panorama 1 Scope of practice and decision-making using the Nursing and Midwifery Board of Australia's professional practice framework Saz Newbery Panorama 3 Coordinated Veterans Care - How to get started and keep going Carolyn Lally, Helen Storer, Sandra Glanville, Jacquline Boyd and Jacqueline Hair City Room 1 Wound Care Update City Room 2 - 3 Meeting the unmet needs of adolescent and young adults with cancer Lyndal Moore City Room 4 New Australian guideline and risk calculator for assessing and managing cardiovascular disease risk Kerryn Brims and Natalie Raffoul	Australasian Society of Lifestyle Medicine					
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disease risk Kerryn Brims and Natalie Raffoul						
L2 Climate Impact on Health: Equipping Nurses with knowledge and tools for Action Aletha Ward						
12.30 PM - APNA Nursing Focus						
1.00 PM L2 PHC Nursing careers - a different path Panorama 1 APNA Opportunity	L2 PHC Nursing careers - a different path Panorama 1 APNA Opportunity					
1. What Can I Learn in Custodial Health? Ben Gorrie 1.Advisory Nurse Panel Samantha Moses 2. Nursing in the Royal Australian Air Force: Primary Health Care with a Twist 2. APNA Courses and Workshops 2024-2025 Sara Drew Elizabeth McCullough						
Panorama 2 Empowerment in Action: Be the Change Panorama 3 APNA Nursing Focus						
HPV self-collection: are YOU ready to make history? A/Prof Misha Coleman and Kate Flynn 2. Barriers and facilitators to the implementation of nurse-delivered models						
City Room 1 APNA Nursing Focus care for chronic disease management in general practice: a systematic review Nicole Grivell						
The BEtter lives for Residents Through Innovative Education (BERTIE) program: an online, on-demand consumer-informed education program for Residential Aged Care staff Kym Poyner City Room 2 - 3 APNA Nursing Focus						
Make a difference in your community - Interdisciplinary Urgent Care Service k	vice Kerrie					
City Room 4 APNA Nursing Focus Nurse-led Innovation Heather Hocking						
1.00 PM Lunch Networking Break 2.00 PM - Hall L Unleashing the workforce - what's the vision for primary health care reform and how we get there? Mia Dhil						
L1-L2 Embedding Indigenous Leadership for sustainable organisational change Dallas McKeown						
Panorama 2 Lifestlyle Medicine in Clinical Prehab & Lifestyle Medicine Intensivist Competencies Dr Sam Manger and Dr Michelle Reiss	a Dhillon					
Panorama 3 Knowledge, Attitudes and Action for Lifestyle Medicine practice Almoutaz Alkhier Ahmed Abdulrahman and						
Jessica van Slooten	nd					
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Jessica van Slooten	nd n and					
Jessica van Slooten City Room 1 Innovators and Entrepreneurs: Business Models in Lifestyle Medicine Part 2 Lidia Conci and Louise Schofield	nd n and					
Jessica van Slooten	nd n and					

Ground Level - West



North Terrace

