

Thursda	Thursday, 25 July						
7.30 AM	Registration and Exhibition Open						
9.00 AM - 10.30 AM	Hall L	APNA: Chronic Disease Management part 1 Sara Drew					
	L1-L2	APNA: Master the Art of Nurse Clinics part 1 Linda Govan					
	Panorama 1	ASLM: Health Change Management Caroline Bills					
	Panorama 2	ASLM: Shared Medical Appointments					
	Panorama 3	APNA: PHN Forum - Unveiling the future: Harnessing innovation, data and AI for primary health care excellence Lauren Doddo					
	City Rooms 1 - 2	APNA: Skin cancer management part 1 A/Prof Tony Dicker					
	City Rooms 3 - 4	APNA: Peripheral Intravenous Cannulation part 1 Jessica McKirkle					
10.30 AM	.30 AM Morning Tea Networking Break						
11.00 AM - 12.30 PM	Hall L	APNA: Chronic Disease Management part 2 Sara Drew					
	L1 - L2	APNA: Master the Art of Nurse Clinics part 2 Linda Govan					
	Panorama 1	ASLM: Assessing Metabolic Health Using Digital Technologies Tim Veron and Michelle Woolhouse					
	Panorama 2	ASLM: The Mental Fitness Project Paul Taylor, HCANZA					
	Panorama 3	APNA: PHN Forum - Unveiling the future: Harnessing innovation, data and AI for primary health care excellence Lauren Doddo					
	City Rooms 1 - 2	APNA: Skin cancer management part 2 A/Prof Tony Dicker					
	City Rooms 3 - 4	APNA: Peripheral Intravenous Cannulation part 2 Jessica McKirkle					
12.30 PM	Lunch Networkin	g Break					
1.30 PM - 3.00 PM	Hall L	APNA: Immunisation emergencies/ Anaphylaxis including CPR HLTAID009 part 1 Jessica McKirkle & Sara Drew					
	L1 - L2	APNA: Clinical Placement Supervisors Workshop: a practical approach to supporting nursing students in PHC clinical placements part 1 Renee Flynn					
	Panorama 1	ASLM: Masterclass					
	Panorama 2	ASLM: Coaching for Health Professionals - presented by HCANZA Sharon Curtain & Shivaun Conn					
	Panorama 3	APNA: PHN Forum - Unveiling the future: Harnessing innovation, data and AI for primary health care excellence Lauren Doddo					
	City Rooms 1 - 2	APNA: Masterclass					
	City Rooms 3 - 4	Dementia matters: a practical approach to assessment and care for people living with dementia part 1 Caroline Gibson, Dementia Training Australia					
3.00 PM	Afternoon Tea Networking Break						
3.30 PM - 5.00 PM	Hall L	APNA: Immunisation emergencies/ Anaphylaxis including CPR HLTAID009 part 2 Jessica McKirkle & Sara Drew					
	L1-L2	APNA: Clinical Placement Supervisors Workshop: a practical approach to supporting nursing students in PHC clinical placements part 2 Renee Flynn					
	Panorama 1	ASLM: Masterclass					
	Panorama 2	ASLM: The Role of the Endocannabinoid System in Promoting Health Jim Connell					
	Panorama 3	APNA: PHN Forum - Unveiling the future: Harnessing innovation, data and AI for primary health care excellence Lauren Doddo					
	City Rooms 1 - 2	APNA: Masterclass					
	City Rooms 3 - 4	Dementia matters: a practical approach to assessment and care for people living with dementia part 2 Caroline Gibson, Dementia Training Australia					
5.30 PM	Welcome Networking Event Exhibition Hall (Hall M, N, O) - Adelaide Convention Centre						



Friday, 26 July								
7.00 AM								
7.00 AM	Panorama Foyer	ASLM Wellness Activity						
7.30 AM -	M - Panorama 1 Abbot Breakfast							
8.30 AM	Panorama 2 Novartis Pharmaceuticals Australia Breakfast							
9.00 AM - 10.30 AM	Hall L	APNA and ASLM Joint Opening Plenary Gues	St Speaker: Professor Michael Kidd Supporting wares in grindly health care. Australasian Society of Lifestyle Medicine					
10.30 AM	Morning Tea Netw	vorking Break						
11.00 AM - 12.00 PM	Hall L Sepsis - preventable but misunderstood, implications for primary health care A/Prof Naomi Hammond							
	L1	The importance of the first 2000 days of life and how Primary Care Nurses can shape the future of health Kerry-Lee McBride						
	L2	Non-Responders and inter-individual variations in Lifestyle Medicine Cameron McDonald						
	Panorama 1	Utilising the Power of Exercise Dr Wendy Sweet & Lauren Whiting						
	Panorama 2	Team-based Care to Support Patient Centred Lifestyle Changes Tim Perry						
	Panorama 3	Intensive Lifestyle Medicine in practice: case studies, tips and tricks Dr Michelle Reiss & Dr Clara Chu						
	City Room 1	Chronic Oedema in the Aged Care Community - The Hidden Epidemic Maree O'Connor						
	City Rooms 2 - 3	Primary Health Care Congress						
	City Rooms 4	Actioning Health Behaviour Change using mir	ndfulness and values Jacinta Sherlock					
12.00 PM -	Speed Presentation	on						
1.00 PM	Ha	ıll L Nurse Led Models of Care	L2 Movement & Motion					
	1.Building Nurse Led Baby clinic in a GP clinic Kerry-Lee McBride 2. Nurse-led Primary Health Care in Rural Australia: it's all about relationships Sue Randall 3. Holistic Approaches to Endometriosis and Pelvic Pain; a Nurse-led Model of Care Susan Wilford 4.Shifting Paradigms, Practice Development and Change: Implementation of an Evolutionary, Nurse Led Model of Care in a Primary Health Setting Elisabeth Black		1.Spinal Health - a Lifestyle choice 2. Mobility and Cognitive Impairment Lifestyle Medicine Engagement and Multiple Sclerosis Dr Andyta Nalaresi Hartono 3. Speed Presentation - to be announced 4. Chronic Pain, Synesthesia and Music Michael King					
	L3	Digital Health & Virtual Care	Panorama 1 Vulnerable Populations					
	1.Nurse Tranformers: the ripple effect Margaret Dempsey 2. Using AI to motivate communities to get walking Michelle Marshall 3. Virtual Cellulitis ; A hyebrid pathway Tony Hecimovic 4. MedicAlert QR Code Service in Review - 12 months of Positive Impact Chris Radbone		1.Enhancing Access to Audiology Services: The Role of Audiometry Nurses in Primary Health Care Linlin Ho 2. Healthcare access for the Urban Poor Sunil Abraham 3. Delivering Affirmative Care to Transgender and Gender Diverse People Vic Harden 4. Clinical Practice Guideline Pressure Injuries and Skin Health in Para Sport Sarah Direen					
	Panorama 2 Age and Cognition		Panorama 3					
	1. The nurse role in building a stronger primary care workforce to meet the needs of people living with dementia and their carer(s) Caroline Gibson 2. Cognition Protocols for Long Duration Space Mission Jacinda Cottee 3. Understanding nurses' perceptions of a holistic approach to dementia risk reduction in primary care Mary Tullipan 4. Nurse Practitioner's in Aged Care Charna Murray		1. Speed presentation - to be announced 2.Speed presentation - to be announced 3. Speed presentation - to be announced 4. Speed presentation - to be announced					
	City Ro	oom 1 Pillars of Lifestyle Medicine	City Room 4 Early Intervention					
	1.Insomnia management: the war on sleeping tablets Nicole Grivell 2. Speed presentation - to be announced 3. Allen Carr's Easyway to Stop Smoking: The method and the research Jaime Reed 4. Laughter Yoga: A Social Prescription for Enhanced Well-Being Annelize Prinsloo		1.Improving CKD Detection in Primary Care Through Team-based Education and Practice Data Reports Claire Sheeky & Breonny Robson 2. Empowering Climate Health Nursing Leadership: The launch of the Climate Action Nurses Impact Portal Aletha Ward 3. Planting the Seed of Lifestyle Change: A Grounded Theory Maksi Morris 4. Enablers of and Barriers to Nurses Providing Preventive Care in General Practice Katrina Paine					
	City Rooms 2 - 3 Primary Health Care Congress							
1.00 PM	Lunch Networking	ing Break						
2.00 PM - 3.00 PM	Hall L	Asthma medications and device technique Debbie Rigby						
3.33 T W	L1	The Stress Reduction Tool At Your Fingertips - Tapping EFT' Tanja Blinkhorn						
	L2	Innovators and Entrepreneurs: Business Models in Lifestyle Medicine Part 1 Simon Ashley & Lena Attabo						
	Panorama 1	That Which Doesn't Kill You Makes You Stronger - The Role Of Hormetic Stressors in Health & Longevity Paul Taylor						
	Panorama 2	Continuous Glucose Monitoring in Clinical Practice Dr Michelle Woolhouse						
	Panorama 3	We need to examine the language of medicine Helena Popovic						
	City Room 1	Assessing frailty in the 40-70 year age group- a challenge for all health professionals Chris Bollen & Jane Bollen						
	City Rooms 2 - 3	Primary Health Care Congress						
	City Room 4 Changing the Paradigm from Kidney Failure to Kidney Preservation: New Recommendations and Guidelines for Primary Care Practice Breonny Robson & Claire Sheeky							



3.00 PM	Afternoon Tea Networking Break				
3.30 PM - 4.30 PM	Hall L	Student Session Career Pathways Donna Gleisner			
	L1	Asthma in Pregnancy Toolkit Karen McLaughlin			
	L2	Pearls and Pitfalls: Candid conversation on Lifestyle Medicine implementation Dr Clara Chu, Dr Kelly Anne Garnier & Dr Lena Attebo			
	Panorama 1	Primary Care Sleep Health & Insomnia Skill Building Session Dr Nicholas Zwar & Alex Sweetman			
	Panorama 2	Person-Centred-Care: What does it really mean? Brianna Elise			
	Panorama 3	The Challenges and Opportunities for Early Career Medics Sonia Chaabane & Elise Ecker			
	City Room 1	Development of a digital social prescribing pathway - The Walk Well Together Pilot Pamela Scarborough			
	City Rooms 2 - 3	Primary Health Care Congress			
	City Room 4	Immunisation Update			
4.30 PM	Exhibition Closes				
5.30 PM - 8.00 PM	ASLM Excellence A Playford Hotel	wards, Fellowship Ceremony and Networking Event	APNA Festival of Nursing Party Immersive Light and Art, Light Square		
8.00 PM	Essential Health Summit After Party Immersive Light and Art, Light Square				



Saturda	ıy, 27 July							
7.30 AM	Registration and Exhibition Open							
7.30 AM	Panorama Foyer	ASLM Wellness Activity						
8.00 AM	Panorama 1 Sponsored Breakfast							
	Panorama 2 Sponsored Breakfast							
9.00 AM	Networking Brea	k						
9.30 AM - 11.00 AM	Hall L	APNA Festival of Nursing Plenary Supporting marse in primary health care						
	L2	Individual Patient Activation Tools Troy Flower						
	L3	Empowering Health Transformation in the Northern Territory Through Shared Medical Appointments						
	Panorama 1 - 3	Implementing The Maudsley Deprescribing Guidelines: Using Lifestyle Medicine to support patient transition to drug free Professor Mark Horowitz, Professor Katherine Wallis and Dr Sam Manger						
	City Room 1	Understanding the Healthy Eating Landscap	e Simone Austin, Cheryl Wilson & Tetyana Rocks					
	City Room 4	The Role of Allied Health Professionals in the Care Journey						
11.00 AM	Morning Tea Net	working Break						
11.30 AM - 1.00 PM	Hall L	ASLM Lifestyle Medicine Plenary: Redefining Medicine Professor Mark Horowitz, Profess	g Healthcare from Pills to Prowess Through Lifestlye or Nicholas Zwar & Dr Tetyana Rocks	Australasian Society of Lifestyle Medicine				
11.30 AM -	L2	Climate Impact on Health: Equipping Nurses	with knowledge and tools for Action Aletha Ward	apna Supporting varies in privately health care				
12.30 PM	L3	APNA Concurrent Session		primairy health care				
	Panorama 1							
	Panorama 2	"I want to die at home - what will it take to make this happen?" Melissa Bruno						
	Panorama 3	Coordinated Veterans Care - How to get started and keep going Carolyn Lally						
	City Room 1							
		APNA Concurrent Session						
	City Room 2 - 3							
	City Room 4 New Australian guideline and risk calculator for assessing and managing cardiovascular dis risk Kerryn Brims							
12.30 PM - 1.00 PM	Speed Presentation							
	L2 Transitioning careers: cultivating innovation for growth L3 APNA Speed Presentations							
	1. What Can I Learn in Custodial Health? Ben Gorrie 2. Make a difference in your community - Interdisciplinary Urgent Care Service Kerrie Duggan 3. Nurse-Led Innovation Heather Hocking 1. Bridging the gap: Harnessing the nursing role to strengthen eating disorder support in primary care settings Bella Burns 2. Speed Presentation 2 3. Speed Presentation 3							
	Panorama 2 APNA Speed Presentations Panorama 3 APNA Speed Presentations							
	1.HPV self-collec	tion: are YOU ready to make history? Misha Coleman 2. Speed Presentation 2 3. Speed Presentation 3	1.Speed Presentation 1 2. Barriers and facilitators to the implementation of nurse-delivered models of chronic disease management in general practice: a systematic review Nicol					
1.00 PM	Lunch Networking	g Break						
2.00 PM - 3.00 PM	Hall L Unleashing the workforce - what's the vision for primary health care reform and how we get there? Mia Dhillon							
3.00 PW	L1-L2	Embedding Indigenous Leadership for sustainable organisational change Dallas McKeown						
	Panorama 1	Values-based Healthcare Utilising Technology & Preventative Care in the Digital Health Space - A Study of Two Digital Clinics Dr Eddie Price & Matthew Vickers						
	Panorama 2	Lifestlyle Medicine in Clinical Prehab & Lifestyle Medicine Intensivist Competencies Dr Sam Manger & Dr Michelle Reiss						
	Panorama 3	Knowledge, Attitudes and Action for Lifestyle Medicine practice Almoutaz Alkhier Ahmed Abdulrahman & Jessica van Slooten						
	City Room 1 Innovators and Entrepreneurs: business models in Lifestyle Medicine Pt 2 Lidia Conci & Louise Schofield							
	City Room 2 - 3 Mental Health Prevention and how we make a difference Darren Morton & Sara Drew							
	City Room 4 Reducing the risk of burn out in healthcare practices Chris Bollen							
3.00 PM - 4.00 PM	Hall L	APNA and ASLM Joint Closing Plenary and Wrap up Australasian Society of Lifestyle Medicine						
4 22 214	Exhibition Closes							
4.30 PM								